



Rowbust Fitness



## Community Drives Us Nonprofit Partnerships

We founded Rowbust Fitness because we believe that rowing is about much more than looking your best — it's about being your best. As such, we're proud to partner with select nonprofit organizations to offer member-driven donations. Learn more below and find out how you can get involved.

### HOW IT WORKS

We're on a mission to create a better future through better fitness. It's simple: Every time a new member signs up, we'll donate a portion of that membership to one of the nonprofits listed below. Ready to help us row for a reason?

### DISCOVER THE BENEFITS OF A ROWBUST WORKOUT

- Low joint impact
- Reduce anxiety and stress
- Burn major calories
- Improve athletic performance
- Great for all fitness levels
- Total body workout using 84% of the muscles

### MEET OUR NONPROFIT PARTNERS

Old Pine Community Center • McCall Elementary & Middle School • EducationWorks

### JOIN THE MOVEMENT

Whether you're an individual looking to become a member or a nonprofit looking to partner, you can make a difference. **Call us at 888-525-3837** to learn more.

## About Rowbust Fitness

Rowbust Fitness is Philadelphia's premiere indoor rowing experience, offering strength training with class. At Rowbust, we build our classes around YOU. Make a difference and start your journey to the ultimate full body, hybrid workout. **Visit [rowbustfit.com](http://rowbustfit.com)**



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